

National Service Scheme, Goalpara College

Goalpara, PIN-783101, Assam

POSHAN Abhiyaan (Nutrition month)

Date: 29/09/2022

Report:

In connection with 5th Rastriya Poshan Maah 2022, NSS, Goalpara College Unit organized a nutrition awareness programme among the students, parents, villagers and teachers of 4 No Baladmari Char Village, Goalpara on 29th September, 2022. The activity was organized in the 4 No. Baladmari NC LP School. Headmaster of the school Nozmul Hoque inaugurated the programme by planting a sapling of elephant apple (*Dillenia indica*) in the school campus. NSS volunteers demonstrated in front of the gathering about the nutritional as well as medicinal values different vegetables and edible plants. An oath taking was administered on the said programme where the participants promised to consume nutritious food to maintain their good health and wellbeing. A total of 84 students, Parents, Teachers and Villagers were present in this one-day programme.



Jugabrat Das

(Dr. Jugabrat Das)

Programme Officer, NSS
Goalpara College Unit